

Sex and Immortality

The secret of immortality is patience. If you remember that, you have remembered the Great Key to maintaining these physical bodies. The Gods & Goddesses are the most patient of all beings; their method of birth control is self-control. But it is not a forced thing. It is a natural part of advanced evolution, based on the knowledge that sex has only one purpose -- to produce babies.

Because sex is the most powerful earthly force, it lends itself to preoccupation more readily than anything. As a preoccupation, it becomes a weakness, holding back evolution by dissipating energy. Only a powerful aspiration for knowledge can overcome the strong force of sexual preoccupation.

Siva allowed himself a little preoccupation with sex in order to stabilize and maintain The Foundation. In fact, it is the only weakness Siva ever took on. What can I say? I really like girls!

Now, I'm not saying you must give up sex; the truth is you will naturally get into more and more vital and mental activities as the time goes by -- those of you who aspire to be used by Knowledge -- those of you who give your bodies up to God. This is nothing like the renunciation of the so-called holy ones and saints of the past; they struggled constantly to push away the awesome sexual urge and that battle consumed them. Now the Knowledge is being revealed which can take you beyond the struggle, beyond the search. For now, just understand that the pleasures of Man, the Mental Being, are not at all physical. The experiences of the Mental Being are unbelievably more intense and desirable than any physical sensation. To know this with conviction, you must get to know yourself beyond your body's urges. To do this, you must get to know each other. And if you hang out with the devotees of Knowledge, you will save each other from your physical preoccupations because you will not tend to be preoccupied at the same time and there will be nobody to support your desires. That is why sticking together is so important; there is nothing in the ordinary world but people to support your desires. In this new world that God has given you to create together with your highest aspirations, life becomes an ecstasy of bright relationships surpassing your wildest imagination. Then, when you do have sex, there is physical fulfillment beyond description.

So get to know each other deeper than formalities -- and learn the art of just being together without the necessity of having to entertain each other -- being happy to be alive. Then God fills you with His light -- and you shine for the world -- showing the way to heaven-on-earth. You have multiplied -- so be happy!

The Supreme Yoga,
Chapter 4
as revealed by
Father to Victor Hamilton